A NEWSLETTER OF BREAD OF LIFE MISSION • SUMMER 2025

The SOUND of HOPE



See lives changed thanks to you!



hurting neighbor

they're not alone!

DON'T MISS...

"The Mission gave

me a place to stay."



"The Mission gave me a place to stay."

rnest was happily living with his best friend, enjoying a good life. But when his friend died, Ernest was heartbroken and struggling with his grief.

Not only did he have to deal with the loss of his best friend and the feelings of being alone, but Ernest suddenly found himself with no place to live.

Thankfully, his friend's son knew about Bread of Life Mission and recommended Ernest come here to get back on his feet.

"Before my best friend died, he told his son to make sure I had a place to stay."

When Ernest got here, he was overwhelmed by the love and support he felt from the staff and other guests. He was able to start healing from his grief and focus on making plans for his future.

During his time at the Mission in our

I hope people will support the Mission because there's lots of people that really need help.

Life Change Recovery Program, Ernest has learned valuable skills and the joy of serving others.

"I make sack lunches and work in the kitchen a little," he says.

He is grateful for the chance to evaluate his options and determine the best way to move forward.

"I'm thankful to the Mission because they gave me a place to stay, get cleaned up and take showers," Ernest says with a smile.

While he is thankful for the love and care he has received here, we are glad to share this news: Ernest has successfully achieved his goal to get back to independent living and has found a place of his own!

Thank you for your love and support of neighbors like Ernest. Your kindness has reminded him that he is not alone and that a better life is possible!

"My biggest challenge before coming to the Mission was just living. Now I've made good friends and I'm thankful."







"Love your neighbor as yourself..." - Matthew 22:39



A Message from KIM COOK

You're sharing **love** this summer.

I don't have to tell you that our community is special. You see for yourself local acts of care and compassion. When neighbors feel lonely and forgotten, we step up to show love. It's what makes Seattle strong.

But people like YOU make the greatest difference... generous friends who go above and beyond to show love to neighbors in need. That's why I know I can count on your support over these crucial summer months – when so many local individuals remain hurting, hungry and homeless.

This month we're kickstarting **our 3-month Love Your Neighbor campaign** to help meet the unique needs of our guests this summer season – like shelter from the heat, nourishing meals and clean water. Each month

is an opportunity for you to respond with a generous gift that reflects the words of Matthew 22:39... to "love your neighbor as yourself."

Your support will show struggling people in our community like Ernest that they are never alone. Read his story on page 3 of this newsletter – then consider how you can best respond to help more people like him this summer. We'll be so grateful.

Then It Cook

Kim Cook President & CEO

TO DO THIS SUMMER:

Make a Will!

Your generosity can live on beyond your lifetime! **August is National Make a Will Month**. So now is a great time to get your affairs in order and complete your will this summer.

Through a gift in your will to Bread of Life Mission, the impact of your generosity will live on, bringing healing and hope to hurting neighbors, season after season.

Here are a just few examples of gifts you can designate to our ministry via your will:





Real Estate





Stock

Ready to talk about leaving your legacy?

YOU CAN SHOW A HURTING NEIGHBOR THEY'RE NOT ALONE!

It starts with a meal...



and ends with a life renewed!

Your gift of \$2.76 provides a hot, nourishing meal – and can lead to other life-changing services like shelter, Christ-centered counsel and recovery.

Give to our Love Your Neighbor summer campaign... and show local people who are homeless and hurting that you care.

Give now!
BreadofLifeMission.org



2

TAKE A TOUR

See lives changed thanks to you!



Want to know more about what Bread of Life Mission does? Simply schedule a tour to see our hallways, dining room and spaces where hearts and lives are being transformed. But even more than that, you'll see firsthand the impact your support is making in the lives of individuals from our community.

You're invited to tour by yourself, with your family and friends, as part of a student group or with your church, company or other organization.

When you're ready to schedule, contact us at (206) 682-3579, ext. 101 or visit BreadofLifeMission.org/visit.

Set up your tour of Bread of Life Mission today – and see how you help make this life-changing ministry possible!



Mental Health & Homelessness:

A Root Cause We Can't Ignore

Did you know? Untreated mental health struggles may also lead to homelessness. At Bread of Life Mission, we believe that addressing guests' mental health is as important as providing physical and spiritual renewal.

Some guests need only a warm meal and safe shelter, yet others require more specialized care for mental illness and trauma from their past. This care is critical for helping them overcome homelessness permanently and rebuild their lives.

Your faithful support makes Christ-centered counseling, treatment referrals and other recovery resources possible for our community. Thank you!

Want to
learn about
other life-changing
services you help
provide?

Read about our programs at **BreadofLifeMission.org.**

